BOOK MY WAXING

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By Meena Threading & Waxing Center (Book My Waxing) — Lexington Ave, NYC

Eyebrow Threading and Body Waxing for Men at Meena Threading & Waxing Center — Lexington Ave, NYC

A practical guide to low-maintenance grooming: what we offer, how each service works, how to prepare, and how to keep a tidy, natural look between visits.

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WELCOME: POLISHED, LOW-MAINTENANCE GROOMING



Most men don't want a complicated grooming routine. They want to **look tidy, feel comfortable,** and spend as little time on upkeep as possible.

At Meena Threading & Waxing Center, our men's services are built around that idea. We offer **eyebrow threading** for a natural, clean brow, and **body waxing** for areas such as the arms, chest, and back. Visits begin with a **short conversation** about your goals and finish with **soothing care and aftercare guidance.**

This guide explains **what each service involves,** how to choose, and how to look after your skin. We're on **Lexington Avenue in Midtown East,** easy to reach from the office or on your way home.

THE MEN'S SERVICE MENU



Service	Price
Men's Eyebrows	$10
Eyebrows Trimming	$5
Between Brows	$5
Ear Wax	$12
Half Arms	$20
Underarms	$15
Chest Wax	$45
Back Wax	$45

What we don't offer

We do **not offer intimate waxing** for men.

Prices are current as of publication and may change. Please **confirm when you book.**

MEN'S EYEBROW THREADING: NATURAL, NOT OVERDONE



Threading is a popular choice for men's brows, and it isn't only for women. It suits men who want a **clean, natural result** without an overly styled look.

How threading works
A **fine cotton thread** is twisted and rolled along the skin, **lifting hair from the root.** There is **no wax,** so it allows **precise work,** including around the brow bone and close to the eyes.

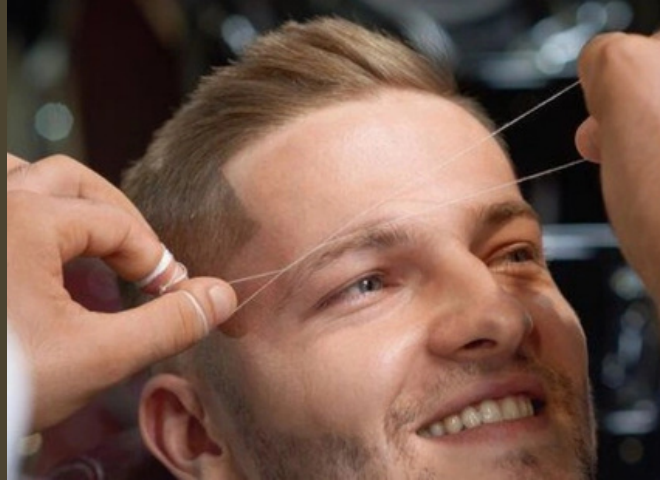
What it's for
- Removing **stray hairs** above and below the brow
- Cleaning up the area **between the brows**
- Giving the brow a **tidy, defined, natural shape**

What men usually want
Most men aren't after a dramatic arch. They want to **look the same, only tidier.** If that's you, say so.

Ways to ask
- **"Clean it up, but keep it natural."**
- **"Just the strays and the unibrow."**
- **"I don't want them to look done."**

Tips
- **Let your brows grow in** for a couple of weeks before your first visit, so there is hair to work with.
- **Bring a photo** of how your brows looked before, or of a look you like.
- **Resist plucking at home** between visits. It can change the shape.

CHOOSING YOUR BROW SERVICE



Our menu has three brow options.

Service	Price	Best when...
Between Brows	**$5**	You only need the area **between the brows cleaned up**
Eyebrows Trimming	**$5**	**Longer hairs** make your brows look unruly, and you don't need hair removed
Men's Eyebrows	**$10**	You'd like a **fuller tidy-up** and a clean, natural shape

Not sure?
Tell us what bothers you. We'll suggest the right service, and you can **start small.** It's easy to do more at the next visit and impossible to put hair back.

Ears
Ear's Wax ($12) is available if you'd like to tidy hair on the ears. **Ask us what to expect.**

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BODY WAXING: CHEST, BACK, ARMS, AND UNDERARMS



Body waxing **removes hair from the root,** so skin stays smooth for weeks, and you can skip frequent shaving or trimming.

Our body waxing services:

Service	Price
Chest Wax	**$45**
Back Wax	**$45**
Half Arms	**$20**
Underarms	**$15**

Chest and back
These are larger areas, so they usually take longer than a brow service. **Ask us about timing** if you're fitting a visit around work. The back is hard to reach at home, and many men prefer **professional help.**

Arms
Our menu lists **Half Arms.** If you'd like more coverage, **ask us what we can do.**

Underarms
A **smaller area,** quick to maintain.

Hair length
Wax grips best when hair is **about 1/4 inch long.** Very long hair may need trimming first, and very short hair may need to grow. Your technician will advise you.

Don't shave first
Shaving in the days before can leave hair too short for wax to grip.

THREADING OR WAXING? A QUICK DECISION GUIDE



Area	Typical method	Why
Eyebrows	**Threading**	**Precise,** with no wax near the eyes
Between brows	**Threading or waxing**	**Small, targeted cleanup**
Ears	**Wax**	Small area that is **hard to treat at home**
Chest	**Wax**	**Larger area,** often coarser hair
Back	**Wax**	Larger area and **hard to reach**
Arms	**Wax**	**Larger area**
Underarms	**Wax**	Small area, and **results last longer** than shaving

Why the difference?
Threading is best for **fine, detailed work.** Waxing suits **larger areas and coarser hair.**

Still unsure? Ask during your consultation.

BOOK MY WAXING

YOUR VISIT IN FIVE STEPS



Every service follows the same simple pattern.

1. Consultation
We talk through your **grooming goals** and anything we should know about your skin.

2. Skin preparation
We cleanse the area to **remove oil and dirt,** so the service works well.

3. Threading or waxing
We carry out the service you chose, using **sterilized tools.**

4. Soothing care
We apply a **calming product** to help reduce redness.

5. Aftercare guidance
We tell you **what to do, and what to avoid,** in the hours and days that follow.

Good to know

- **Tell us if you've never done this before.** We'll explain each step.
- **Speak up if anything is uncomfortable.** We can adjust.
- Service times vary by area, so **ask when you book** if you're on a schedule.

BOOK MY WAXING

HOW TO PREPARE



For all services

- Arrive with **clean, dry skin.**
- **Avoid heavy lotion, oil, or sunscreen** on the area that day.
- **Avoid sunburn and tanning** beforehand.
- Tell us about **allergies, sensitive skin, and skin conditions.**
- Mention **medications and products** that make skin more sensitive, such as retinoids or acne medication.

For waxing

- Let hair grow to **about 1/4 inch** if you can.
- **Don't shave** in the days before.
- **Gently exfoliate** a day or two beforehand, but not right before.

For threading

- **Avoid strong exfoliants and active skincare** on the area for a day or two beforehand.
- **Skip heavy grooming products** on the day.

Before you arrive

- **Allow a few minutes** so you're not rushed.
- **Write down questions.**
- For chest or back, **wear a top that is easy to remove** and put back on.

AFTERCARE AND SKIN HABITS



Some pinkness is normal after a service and usually settles. A few habits help.

For the first day

- **Avoid touching** the area with unwashed hands.
- **Skip hot showers, saunas, and steam rooms.**
- **Avoid heavy workouts** and heavy sweating after waxing.
- Wear **loose, breathable clothing** over waxed areas.
- **Avoid direct sun** and tanning.

In the days that follow

- **Moisturize** the area daily.
- Once skin has settled, **gently exfoliate** a few times a week to help prevent ingrown hairs.
- **Don't scratch, pick, or squeeze.**

Between visits

Area	Do	Avoid
Brows	**Let strays grow in** until your next visit	**Plucking or trimming** at home
Ears	Leave them alone, or trim with a **small trimmer**	**Pulling hairs out** yourself
Chest, back, arms	**Moisturize and exfoliate** gently	**Shaving,** which cuts hair short
All areas	**Use sunscreen** on exposed skin	**Picking at ingrown hairs**

If something doesn't look right

Contact us or a medical professional if you notice persistent redness, swelling, pain, or signs of infection.

BOOK MY WAXING

A LOW-MAINTENANCE GROOMING PLAN



Results from waxing typically last about **3 to 4 weeks,** depending on your hair growth cycle. Brows depend on how quickly your hair grows back in.

A simple rhythm

- **Brows:** book when strays **start to reappear** and the shape begins to blur.
- **Body waxing:** book when hair has regrown to **about 1/4 inch.**
- **Everything else: ask us after your first visit,** and we'll suggest a schedule.

Plan around your calendar

If you have...	Consider...
A wedding or photo shoot	Book brow services **a few days ahead,** so any pinkness settles
A beach trip or holiday	Book **5 to 7 days beforehand,** not the day before
A beach trip or holiday	Book body waxing **about a week ahead,** and protect your skin from sun
A heavy training week	Book on a **lighter day,** and **skip heavy sweating** for a day afterward

The benefits of regular visits

Many men find that regrowth becomes **finer and slower** with regular waxing. That varies from person to person, and it isn't guaranteed. Compared with shaving or trimming, waxing usually means **less frequent upkeep.**

HONEST ANSWERS TO COMMON WORRIES



"Is eyebrow threading suitable for men?"
Yes. Threading suits men who want **natural shaping** without an overly styled look.

"Will it hurt?"
You may feel **mild discomfort,** especially the first time. Technique helps keep it manageable, and it is usually **brief.** If you're nervous, tell us.

"Will the hair grow back thicker?"
No. Removing hair at the root **doesn't change its thickness or color.** Many people notice **softer, finer regrowth** over time.

"Am I too hairy?"
No. We work with **all hair types.**

"I've never done this before."
That's fine. **First-timers are welcome.** We'll **explain each step.**

"Will my brows look done?"
They don't have to. Ask for a **natural result,** and we'll **keep it subtle.**

"Can I go back to work afterward?"
Usually yes. Some pinkness is possible, especially on the face, so you may prefer to **avoid scheduling a big meeting immediately afterward.**

WHEN TO CHECK WITH US OR A DOCTOR FIRST



Tell us before we begin if you have

- **Sunburn,** broken skin, cuts, or irritation in the area
- A rash, **active infection,** or **cold sore** nearby
- **Moles,** skin tags, or raised spots in the area (your technician may need to work around them)
- A **skin condition** such as eczema, psoriasis, or recurring ingrown hairs
- **Recent skin treatments,** such as peels or laser
- **Medications** that affect skin sensitivity, such as retinoids or acne medication

See a doctor or dermatologist if

- A **mole or spot changes** in size, shape, or color, or **bleeds**
- You get painful, recurring, or **infected ingrown hairs** or bumps
- Redness or swelling after a service **gets worse** instead of better

Grooming is cosmetic. **It isn't a substitute for medical care.**

QUICK ANSWERS AND BOOKING



How long do waxing results last?
Typically **3 to 4 weeks,** depending on your hair growth cycle.

Is men's waxing painful?
You may feel **mild discomfort.** Technique helps keep it manageable.

Do you offer intimate waxing for men?
No. Our men's waxing covers areas such as the **arms, chest, and back.**

Which areas can men have waxed?
Chest, back, arms, underarms, and ears. See the menu in Section 02.

Do you accept walk-ins?
Walk-ins are welcome. Booking ahead is recommended if you have a specific time in mind.

What does it cost?
See the menu in Section 02. Please **confirm current prices** when you book.

READY TO BOOK?



Reserve online or call us. If you're not sure what you need, tell us what you'd like to change, and we'll recommend a starting point.

https://bookmywaxing.com/bookanappointment.html

Meena Threading & Waxing Center (Book My Waxing)

More details:
https://bookmywaxing.com/maleservices.html

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Open 7 Days, 10:00 AM – 7:30 PM
Walk-ins welcome. Call for current hours.

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